



STILLNESS in STRUGGLES

Sunday, October 22, 2017

A QUIET COMMITMENT:

- QUIET your mind and soul before the LORD — “*Be still, and know that I am God*” (Psalm 46:10)
- COMMIT to obedience: *Commit* to doing whatever God will say to you in this message — “*to obey is better than sacrifice*” (1 Samuel 15:22)

Q: What stabilizing truths do you hold on to in the storms of life?

A: God’s *praiseworthy purpose*, to conform us into the image of Christ (Romans 8:28-29).

A: God’s *purging process* (1 Peter 1:6-7) brings about change as we meditate upon the likeness of Christ (2 Cor. 3:18)

Stillness in Struggles (Psalm 46:10)

The main truth: **When we are still before God, we will hear His still small voice speaking His stabilizing truths which will lead to quietness—*spiritual stability* in the storms of life.**

Goal: Our goal in these messages is to understand the role of stillness in the struggles of life in order that we would worship God through life’s storms.

Stillness through Stabilizing Truths (Philippians 4:8-9)

We see from this passage that the **right prayer** *brings* God’s kind of peace but it is also important to see how the **right perspective** and **practice** helps us to *maintain* this peace—a life of spiritual stability.

I. Be *intentional* in the right _____ brings peace—**spiritual stability**

Here in verses 8-9 we see the command for **deliberateness** of *thought* and *action* which will lead to spiritual stability in life.

Cf. 1 Corinthians 15:58; James 1:8; James 4:8; Hebrews 10:23; Luke 6:45

2 Peter 3:17-18 Ye therefore, beloved, seeing ye know *these things* before, beware lest ye also, being led away with the error of the wicked, fall from your own steadfastness. **18** But grow in grace, and *in* the knowledge of our **Lord** and **Saviour Jesus Christ**. To **Him** *be* glory both now and for ever. Amen.

II. ***Intentionally*** pursue a right _____ that maintains peace (v. 8)
“...if *there be* any virtue, and if *there be* any praise, **think on these things.**”

Q: What do your thoughts say about you (Proverbs 23:7)?

2 Corinthians 10:5 Casting down [*destroy*] imaginations [*deceptive thoughts*], and every high thing that exalteth itself against the knowledge of **God**, and bringing into captivity [*under subjection*] every thought to the obedience of **Christ**;

The ***renewal*** process is a _____ process.

Questions to ask concerning the content of my thoughts.

A. Is it _____? — “*whatsoever things are true*” (John 17:17)

Q: Are you thinking upon things above which are found in the Word of God?

B. Is it worthy of _____? — “*whatsoever things are honest*”

Q: Are you thinking upon things that are noble and worthy of worship?

C. Is it _____? — “*whatsoever things are just*”

Q: Are you thinking upon things that God approves of?

D. Is it _____? — “*whatsoever things are pure*”

Q: Are you thinking upon things that encourage your worship of God or of self?

E. Is it _____? — “*whatsoever things are lovely*”

Q: Are you thinking upon things that are kind and gracious?

F. Is it _____ talking about? — “*whatsoever things are of good report*”

Q: Are you thinking in ways that encourage others or tear them down?

Psalm 19:14 Let the words of my mouth, and the meditation of my heart, be acceptable in thy sight, O LORD, my **Strength**, and my **Redeemer**.

III. Intentionally pursue a right _____ that maintains peace (v. 9)

The Greek word, *prassō*, translated “do” carries the idea of repetition or an action that is continuous—a pattern of living.


Cf. Matthew 7:24-25; James 1:22

IV. The Promise of God’s _____ (v. 9b)

Hebrews 13:5-6 *Let your conversation be without covetousness; and be content with such things as ye have: for He hath said, I will never leave thee, nor forsake thee. 6* So that we may boldly say, The **Lord** *is* my helper, and I will not fear what man shall do unto me.

Cf. Isaiah 41:10

What is my next step? Please consider doing the questions on the back of this page.

 <p>PINE ISLAND BIBLE CHURCH</p>	9 Little Brooklyn Rd, Warwick, NY 10990
pastor@PIBCNY.com / www.PIBCNY.com / John Lashuay, Pastor	

What Is My Next Step?

Hearing — Giving *attention* to God's Word with the intent to obey it — James 1:21-25

Doing — Making *application* of God's Word to be more like Christ — Eph. 4:22-24

Date: _____ Text: _____ Speaker: _____

1. What did God show **me** that **I** must confess and forsake because it does not reflect Christ and hurts **my** relationship with Him and others? (**Put OFF SIN**)
2. What did God show **me** about Himself in this text? (**Renew your mind**)
 - a. What is He like?
 - b. What does He like?
 - c. What does He dislike?
3. What does God say to me in this text? (**Renew your mind**)
 - a. What command to obey?
 - b. What promise to claim?
 - c. What principle to apply (*If I do _____, then God will do _____*)?
 - d. What example to follow?
4. What verse(s) should **I** memorize and meditate upon through-out this week to help make **my** change lasting? (**Renew your mind**)
5. In light of what **I** have heard from God,... (**Put ON CHRIST**)
 - a. What character quality of Jesus must **I** demonstrate *with God's help* this week?
 - b. In what situations will **I** most likely be tempted not to respond in a Christ-like way?
 - c. How can **I** get ready for those situations? (*If I don't have a plan for change, it probably won't happen.*)



OUR MISSION: to Supremely love GOD,
Sacrificially love others
—ALL to the GLORY of GOD!