

Peace with Self (Philippians 4:6-9)

I. The _____ that brings peace (v. 6-7)

Peace with God vs. the Peace of God

Romans 5:1 Therefore being justified by faith, we have peace [*quietness / tranquility of mind*] with **God** through our **Lord Jesus Christ**:

This is peace *with* God—being justified or declared righteous.

Romans 8:1 *There is* therefore now no condemnation to them which are in **Christ Jesus**, who walk not after the flesh, but after the **Spirit**.

A. The _____ for peace—Don't _____ (v. 6)

Paul Chappell – When you really think about it, anxiety is a form of pride. It stems from the erroneous conviction that we are responsible for the outcome of circumstances that, in reality, are quite often beyond our control. The illusion of control will always develop anxiety. Life is bigger than us, and sometimes God allows overwhelming needs so we will remember to put our trust in Him.

The principle of peace is don't worry—“*Be careful for nothing*”—that is don't be full of care about anything—don't be anxious.

Q: How do we do this? How can we be obedient to this command?

Corrie Ten Boom – “Worry does not empty tomorrow of sorrows; it empties today of strength.”



Snoopy to Woodstock: Are you upset little friend? Have you been lying awake worrying? Well, don't worry, I'm here. The flood waters will recede, the famine will end, the sun will shine tomorrow, and I will always be here to take care of you.

Psalms 56:3 What time I am afraid [*fear or worry*], I will trust [*be confident*] in **Thee**.

Said a robin to a sparrow: “I should really like to know why these anxious human beings rush about and worry so.”

Said the sparrow to the robin: “I suppose that it must be that they have no heavenly Father such as cares for you and me.” – Elizabeth Cheney

1. Our _____ in Prayer (v. 6a)

Ray Nillson – If something is important enough to worry about, it should be important enough to pray about it.

J. Allen Blair – “Whose work is it?” If it's God's work, never forget the burden of it is His, too. You are not the important person. Christ is! He is at work through us. What should we do then when things do not go well? Go to Him! Anything less than this is disobedience.

Our approach to God in prayer is vital to our enjoying the peace of God.

a. Attitude of _____

Luke 11:2 And **He** said unto them, “When ye pray, say, ‘Our **Father** which art in heaven, Hallowed be **Thy** name. ...

“*Hallowed by Thy name*” – God's name represents His character—His attributes.

b. Attitude of _____

One who prays with “*supplication*” is one who knows their position of need—they are a suppliant, also a supplicant—can't do it on their own.

c. Attitude of _____

Being thankful for what God will do is a prayer of faith committing to the unknown.

2. Our _____ in Prayer (v. 6b)

James 4:3 Ye ask, and receive not, because ye ask amiss, that ye may consume it upon your lusts.

Prayer is not conforming God's will to my will! Biblical prayer is conforming my will to God's will.

B. The _____ of Peace (v. 7)

The principle is, don't worry about anything, but pray about everything!

Isaiah 26:3 Thou wilt keep *him* in perfect [*constant*] peace, whose mind is stayed [*fixed*] on **Thee**: because he trusteth [*commits himself and is confident*] in **Thee**.

Notice how this peace guards our hearts and minds—it is “*through Christ Jesus*.” Christ, the Prince of Peace gives peace to all who are His as they rest in Him.

John 14:27 Peace I leave with you, **My** peace I give unto you: not as the world giveth, give I unto you. Let not your heart be troubled, neither let it be afraid.

Cf. John 16:33

The peace of God is the remedy for the anxious thoughts and disturbing emotions. (Colossians 3:15-17)