

Study: Galatians

Text: Galatians 5:22-23

“THE FRUIT OF THE SPIRIT—WALKING WITH SELF-CONTROL”

The only way for the believer to have success in the Christian life is by “*walking in the Spirit*”—being saturated by the Person of Jesus Christ and dominated by the power of the Holy Spirit dwelling in their life.

The “*fruit of the spirit*” is a God empowered *attitude* of the heart that leads to *action* which characterizes the life—it is **GODLY attitude that leads to GODly action.**

### Walking with *Meekness*

It is having a submissive and teachable spirit having strength under control. The overriding attitude of *meekness* is humility being willing to be ruled.

### Walking with *Self-control*

#### I. The *Meaning* of Self-Control

This word “*temperance*” is simply defined as “self-control.” Thinking Biblically, “*self-control*” for the Christian means that one’s entire being comes under the \_\_\_\_\_ of the Spirit of God.

**Dr. Jim Berg** – The believer can and will say “no” to any wrong desires when he has said a bigger “yes” to Christ’s will for him.

#### II. Christ’s \_\_\_\_\_ of Self-Control

A. In His *Works* (1Peter 2:21-24)

B. In His *Words* (Matthew 4:1-11)

Notice how Christ “Thought His way through the temptation” by relying upon what God said.

#### III. Our *Manifestation* of Self-Control

A. The \_\_\_\_\_ of self-control (Proverbs 4:23)

**Proverbs 4:23** Keep [watch over/ guard] thy heart with all diligence; for out of it are the issues of life.

B. The \_\_\_\_\_ of self-control (Proverbs 25:28)

**Proverbs 25:28** He that *hath no* rule over his own spirit [he lacks self-control] is like a city that is broken down, and without walls.

#### C. The \_\_\_\_\_ of self-control

Cf. Titus 2:2, 4, 6, 11-12

Paul is clear here that grace does not produce license but rather teaches us to deny ourselves the worldliness that corrupts us and pursue the Godliness that changes us for Christ.

1. \_\_\_\_\_ your mind (Romans 12:2; 2 Corinthians 10:5)

This renewal process is a \_\_\_\_\_ process.

**2 Corinthians 10:5** Casting down imaginations, and every high thing that exalteth itself against the knowledge of **God**, and bringing into captivity [*bring under subjection*] every thought to the obedience of **Christ**;

2. \_\_\_\_\_ your mind

a. \_\_\_\_\_ your weakness (James 1:14; Romans 7:18)

b. \_\_\_\_\_ temptation (1 Corinthians 15:33)

**Proverbs 13:20** He that walketh with wise *men* shall be wise: but a companion of fools shall be destroyed.

Cf. Psalm 1:1-3

c. \_\_\_\_\_ truth (1 Corinthians 10:13)

**1 Corinthians 10:13** There hath no temptation taken you but such as is common to man: but **God** is faithful, **Who** will not suffer [*allow*] you to be tempted above that ye are able; but will with the temptation also make a way to escape, that ye may be able to bear [*endure*] it.

Acknowledge what God says in His Word about temptation—THINK YOUR WAY THROUGH A TEMPTATION!

d. \_\_\_\_\_ God’s Grace (2 Corinthians 9:8)

**2 Corinthians 9:8** And **God** is able to make all grace [*divine help*] abound [*in excess*] toward you; that ye, always having all sufficiency [*being content or satisfied*] in all *things*, may abound to every good work:

**1 Peter 5:5** ...and be clothed with humility: for **God** resisteth the proud [*the one insisting on his own way*], and giveth grace [*divine help*] to the humble [*the one submitting to God's way*].

**Paul Chappell** – The secret to self-control is Christ’s control. By walking in the Spirit’s control, we can experience temperance and exemplify it to those around us.

**What is my next step?**

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Text: Galatians 5:24-26

“THE FRUITFUL, SPIRIT-FILLED LIFE”

For next week consider “Fruitfulness” in our Christian life.

We have just concluded looking at the “Fruit of the Spirit,” now it is important to consider how we can be *faithful* in being *fruitful*.

Q: Write out Galatians 5:24-26.

Q: As you consider v. 24, what do the following verses say about the “*crucifixion of the flesh*”?

- Romans 6:6 –
- Romans 8:13 –
- Romans 13:14 –

Q: Write out Galatians 5:16. What does it mean to “*walk in the Spirit*”?

Q: Galatians 5:26 speaks about how we treat others. How do these actions NOT display the Fruit of the Spirit?

## What Is My Next Step?

**Hearing** — Giving *attention* to God’s Word with the intent to obey it – James 1:21-25

**Doing** — Making *application* of God’s Word to be more like Christ – Eph. 4:22-24

Date: \_\_\_\_\_ Text: \_\_\_\_\_ Speaker: \_\_\_\_\_

1. What did God show **me** that **I** must confess and forsake because it does not reflect Christ and hurts **my** relationship with Him and others? (**Put OFF SIN**)
2. What did God show **me** about Himself in this text? (**Renew your mind**)
  - a. What is He like?
  - b. What does He like?
  - c. What does He dislike?
3. What does God say to me in this text? (**Renew your mind**)
  - a. What command to obey?
  - b. What promise to claim?
  - c. What principle to apply (*If I do \_\_\_\_\_, then God will do \_\_\_\_\_*)?
  - d. What example to follow?
4. What verse(s) should **I** memorize and meditate upon through-out this week to help make **my** change lasting? (**Renew your mind**)
5. In light of what **I** have heard from God,... (**Put ON CHRIST**)
  - a. What character quality of Jesus must **I** demonstrate *with God’s help* this week?
  - b. In what situations will **I** most likely be tempted not to respond in a Christ-like way?
  - c. How can **I** get ready for those situations? (*If I don’t have a plan for change, it probably won’t happen.*)

OUR MISSION: Passionately Serve God & Compassionately Serve Others—  
ALL to the Glory of GOD