

Study: Galatians

Text: Galatians 5:22-23

“THE FRUIT OF THE SPIRIT—WALKING WITH MEEKNESS”

The only way for the believer to have success in the Christian life is by “*walking in the Spirit*”—being saturated by the Person of Jesus Christ and dominated by the power of the Holy Spirit dwelling in their life.

The “*fruit of the spirit*” is a God empowered attitude of the heart that leads to action which characterizes the life—it is GODly attitude that leads to GODly action.

Walking with Faithfulness

Biblically, someone who is “faithful” is one who can be counted on. The challenge for each of us today is to consider our own “*faithfulness*.” “Can I be counted on?” Someone who is “*faithful*” is one who is *honest, dependable, and loyal*.

Walking with Meekness

I. The Meaning of Meekness

This word “*meekness*” often referred to as *gentleness* carries the idea of “to endure with submission what might be _____.” The overriding attitude of *meekness* is humility.

A. Meekness is NOT _____

B. Meekness is _____ under control

Meekness is the bridle of God upon our heart. (Unknown)

II. Christ’s Message of Meekness

Cf. Philippians 2:5-8

A. In His Works

1. Christ’s _____ of meekness (Luke 23:34)

a. In His _____ His enemies (Luke 23:34)

Cf. 1 Peter 2:21

b. In His willingness to be _____ (John 6:38)

2. Christ’s _____ toward the meek (Psalm 34:18)

1 Peter 5:5 ... for **God** resisteth the proud [*the one insisting on his own way*], and giveth grace to the humble [*the one submitting to God’s way*].

B. In His _____

Matthew 18:4 Whosoever therefore shall humble himself as this little child, the same is greatest in the kingdom of heaven.

Matthew 5:5 Blessed *are* the meek: for they shall inherit the earth.

III. Our Manifestation of Meekness

Cf. Ephesians 4:1-3; 1 Timothy 6:11

A. In a _____ Response (Titus 3:2)

We cannot control other people and their actions, but by God’s grace, in the power of God’s Spirit we can control how we respond.

Cf. 1 Peter 3:15-16

We must keep in mind that defending our faith is not always just in what we say but also in the way we say it.

B. In a _____ Response (James 1:19-20)

James 1:19-20 Wherefore, my beloved brethren, let every man be swift to hear, **slow to speak**, slow to wrath: **20** For the wrath of man worketh not the righteousness of God.

Proverbs 14:29 – He that is slow to wrath is of great understanding: but he that is hasty of spirit exalteth folly [*makes known his foolishness*].

C. In a _____ Spirit (James 1:21)

Cf. Proverbs 13:18

Psalm 25:9 The meek [*humble*] will **He** guide in judgment [*right decision*]: and the meek will **He** teach **His** way.

One who is teachable will be taught by God.

D. In Attitude of _____ (Matthew 11:29)

E. In _____ (1 Peter 3:4)

1 Peter 3:4 But *let it be* the hidden man of the heart, in that which is not corruptible [*imperishable*], *even the ornament* of a meek and quiet spirit, which is in the sight of **God** of great price [*extremely expensive*].

What is my next step?

Q: Do I have a *teachable spirit*? How often do I respond with gentleness and patience?

Q: In what ways can I show more *meekness* toward my neighbor? Based upon what God has done and what He has said, how will I respond to these areas in the future?

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“THE FRUIT OF THE SPIRIT—WALKING WITH SELF-CONTROL”

For next week consider “Walking with Self-Control”

This word “*temperance*” is simply defined as “self-control.” Thinking Biblically, “*self-control*” for the Christian means that one’s entire being comes under the control of the Spirit of God. Thus “*self-control*” can be simply defined as “Spirit control.”

Q: How did Jesus Christ display *self-control* based upon 1 Peter 2:21-24?

Q: Describe the illustration given in Proverbs 25:28 as it relates to *self-control*?

Q: In Titus 2: 4, 6, 11-12, what does Paul mean when he uses the word “*sober/ sober minded / soberly*?”

Q: Read 2 Corinthians 10:5 and describe how Paul is commanding the Corinthian believers to have a disciplined thought life?

What Is My Next Step?

Hearing — Giving *attention* to God’s Word with the intent to obey it – James 1:21-25

Doing — Making *application* of God’s Word to be more like Christ – Eph. 4:22-24

Date:_____ Text:_____ Speaker:_____

1. What did God show **me** that **I** must confess and forsake because it does not reflect Christ and hurts **my** relationship with Him and others? (**Put OFF SIN**)
2. What did God show **me** about Himself in this text? (**Renew your mind**)
 - a. What is He like?
 - b. What does He like?
 - c. What does He dislike?
3. What does God say to me in this text? (**Renew your mind**)
 - a. What command to obey?
 - b. What promise to claim?
 - c. What principle to apply (*If I do _____, then God will do _____*)?
 - d. What example to follow?
4. What verse(s) should **I** memorize and meditate upon through-out this week to help make **my** change lasting? (**Renew your mind**)
5. In light of what **I** have heard from God,... (**Put ON CHRIST**)
 - a. What character quality of Jesus must **I** demonstrate *with God's help* this week?
 - b. In what situations will **I** most likely be tempted not to respond in a Christ-like way?
 - c. How can **I** get ready for those situations? (*If I don't have a plan for change, it probably won't happen.*)

OUR MISSION: Passionately Serve God & Compassionately Serve Others—
ALL to the Glory of GOD